

Kan-geiko 2010

Wintertraining SMR Jodo in 'Austerlitz',
in the hart of the Netherlands

Friday February 26, 16.00 hr until Sunday 16.00 hour

This page will be used to keep you informed, so feel free to bookmark it.

The theme of Kan-geiko 2010

"Reidan Jichi"

Cold and warmth are feelings you can understand only through experimenting them yourself. You cannot understand fully things without experimenting them.

Sometimes we have to endure things to find out where we stand in life and whether we are heading in the right direction. How to deal with running into yourself at a difficult moment? A difficult moment that can turn into a teachable moment if we open ourself to it.

It is not so strange then if I say that the kata that smr jodo has given us, show us where we are. We can learn lessons from the difficult moments that the kata present us with. Our ego, our pride, gets hurt, we get disappointed during an exam. Let us try and use our training in jodo to make a step in the right direction by learning from the answers that the kata (a reflection of the past) gives us.

Are you up to the challenge of Kan-geiko? Are you ready to get up at 6.00 AM, cold dor no cold, to make another mental step in your quest on the Budo path, together with a group of like minded jodo enthusiasts? We warmly invite you to join us for the first wintertraining in the Netherlands.

We organize a bed, food and shelter. We ask you to bring your spirit and a smile.

I hope to welcome you on February 26, 2010 in Austerlitz.

With cordial greetings,
Kees Bruggink, Gomokuroku smr jodo

The place

For this wintertraining, we have found a beautiful resort in the heart of the Netherlands in the forests of Austerlitz. In order to be able to spend as much time on training itself as possible, we have arranged for a full board and stay.

This means that we can stay on the site, where all meals will be prepared for us.

Since the place is used a lot for summercamps, the atmosphere is one of simplicity and spaciousness.

For some pictures and information, take a look at the website of Jeugdbuitenverblijven [Dutch](#) or in [German](#)

Travel By car

The venue is close to the city of Utrecht, and it is t is easy to reach from the highway. In your navigation system you put the following address:

Woudenbergseweg 47 3711 AA Austerlitz Netherlands

The venue is quite close to the highway.

By Public Transport

The closest trainstation is Zeist. From there take bus nr 155 to Woudenbergseweg 47 in Austerlitz.

Cost

The cost for the whole weekend is euro 85. That includes all the meals (2 dinner, 2 breakfast, 2 lunch), 3 nights stay and the seminar.

Contact and more information

For more information you can contact Gaby Yo at s.yo1943@versatel.nl.

Or call +31-(0)23-528 10 89